North Yorkshire Schools Athletics 2021 – Sunday 13 June, York University Track YO10 5NA

11.30 to 4pm. Age Groups Junior (usually Year 8 and 9), Inter (usually Year 10 and 11), Senior.

Event information and entry link on [www.nysaa.org.uk](http://www.nysaa.org.uk)

Entries will have to be limited for venue capacity. Entry standard guide on website.

One parent/carer per household. Attendance registration info will be on the website.

Entry fee will be £3 for entry to one event and £5 for multiple events. To be paid in cash on the day when numbers are collected. Please bring the correct money.

Juniors – sprint hurdles, 100, 200, 300, 800, 1500, high jump, long jump, shot, javelin, discus,

hammer, boys triple jump.

Inters and Seniors – sprint hurdles, 300 / 400 hurdles, 100, 200, 300 / 400, 800, 1500, 3000,

high jump, long jump, triple jump, shot, javelin, discus, hammer, girls’ steeplechase.

Possibly Pole Vault if requested

Timetable will be on website, and final entry lists.

It will allow 100 / 200, 200 / 300, 400, and 800 / 300, 400 doubles.

Unlikely to be possible to combine 1500 with another run.

If events not filled by evening of Sunday 6th, entry guides might be eased. Check website.

Enquiries to [davepaver@hotmail.com](mailto:davepaver@hotmail.com)

Entry guide

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
|  | Year 8 and 9 | Year 10 and 11 | Year 8 & 9 | Year 10 and 11 |
|  | Junior Boys | Inter Boys | Junior Girls | Inter Girls |
| 100 | 12.7 | 12.2 | 13.7 | 13.5 |
| 200 | 26.0 | 25.0 | 28.2 | 28 |
| 300/400 | 44.0 | 57 | 47.0 | 46 |
| 800 | 2m 22 | 2m 15 | 2m 36 | 2m 35 |
| 1500 | 4m 55 | 4m 40 | 5m 20 | 5m 20 |
| 3000 | xxx | 10m 30 | xxx | 11m 30 |
| Sp hurd | 14.5 | 16.5 | 13.5 | 15.0 |
| Long hurd | xxx | any | xxx | any |
| High Jump | 1.45 | 1.50 | 1.40 | 1.40 |
| Long Jump | 5.00 | 5.40 | 4.40 | 4.60 |
| Triple Jump | 9.50 | 10.50 | xxx | 9.00 |
| Discus | 24 | 25 | 17 | 20 |
| Javelin | 28 | 32 | 20 | 25 |
| Shot | 9.00 | 9.00 | 8.00 | 8.00 |
| Hammer | 20 | 22 | 20 | 20 |
|  |  |  |  |  |
| For Seniors - Year 12 and 13, same as Inters. Bit less for throws if heavier weight. | | | | |