Select your county from the list box in cell E2

When complete please save as your county name only. Then return to Paul Ponton and Dave Taylor

	County>>>	North Yorkshire	
		61	62
JUNIOR BOYS	100 metres	Aaron Brompton	O'Neil Calliste
	200 metres	Aaron Brompton	Luca How
	300 metres	Miles Tiernan	Josh Sandwell
	800 metres	Josh Sandwell	Tom Matthews
	1500 metres	Isaac Stabler	William Keens
	80 metres Hurdles (84.0cm)		
	High Jump	Josh Keay	Daniel Cluderay
	Long Jump	Clayton Ng	Jamil Miah
	Triple Jump	Daniel Cluderay	Ben Foulger
	Pole Vault		
	Shot 4Kg	Tiernan Stead	Harvey Wilkinson
	Discus 1.25Kg	Tiernan Stead	
	Javelin 600g	Kuba Balcerzak	Adam Sorrell
	Hammer 4Kg		
	4 X 100M Relay	Aaron Brompton	
		O'Neil Calliste	
		Luca How	
		Miles Tiernan	
JUNIOR GIRLS	100 metres	Nancy Marshall	Isabel Dalton
	200 metres	Nancy Marshall	Annabel Fulford
	300 metres	Kate Setchell	Libby Acton
	800 metres	Isobel Madden	Lucy Boot
	1500 metres	Rosie Thistlewood	Isabella Wright
	75 metres Hurdles (76.2cm)	Olivia Tweddle	Antonia Price
	High Jump	Olivia Tweddle	Annabelle Coxon
	Long Jump	Isabel Dalton	Emily Scott
	Pole Vault		
	Shot 3Kg	Linsey Marty	Maisie Edwards
	Discus 1Kg	Emily Scott	
	Javelin 500g	Ella McIntosh	Sophie Dillon
	Hammer 3Kg	Ella McIntosh	Sophie Dillon
	4 X 100M Relay	Nancy Marshall	
		Isabel Dalton	
		Olivia Tweddle	
		Antonia Price	
INTER BOYS	100 metres	Campbell Darcy	Freddie Brown
	200 metres	Campbell Darcy	Fin Maynard
	400 metres	Edan Petrie	Louis How
	800 metres	Fraser Allen	Lucas Stabler
	1500 metres	Joseph West	Lucas Stabler
	3000 metres	Isaac Bastow	Tristan Baker
	100 metres Hurdles (91.4cm)	Jayden Jeffrey	Takuma Sanderson
	400 metres Hurdles (84.0cm)	Edan Petrie	Nathaniel Brady
	1500m S/C 83.8cm		
	High Jump	Josh Kazzim	
	Long Jump		
	Triple Jump	Alex Huby	Will Pepler
	Pole Vault	Isaac Henson	
	Shot 5Kg	Josh Kazzim	
	Discus 1.5Kg	Isaac Henson	Bryce Farmer-Beasley
	Javelin 700g	Lewis Rutter	Ethan Henry
	Hammer 5Kg	Bryce Farmer-Beasley	
	4 X 100M Relay	Campbell Darcy	
		Freddie Brown	
		Fin Maynard	
		Jayden Jeffrey	
INTER GIRLS	100 metres	Floella Thompson	
	200 metres	Imogen Barrett	Louisa Birch
	300 metres	Sonya Chechik	Imogen Barrett
	800 metres	Katarina Savkovic	
	1500 metres	Shannon Robinson	Hazel Forrest
	3000 metres	Islay Wilson	
	80 metres Hurdles (76.2cm)	Rosie Hickling	Esme Pounder
	300 metres Hurdles (76.2cm)	Sonya Chechik	
	1500m S/C 76.2cm	Amy Kennedy	
	High Jump	Emma Sedgwick	Ellie-Mai Coulson
	Long Jump	Grace Green-Hemmings	Aurora Brown
	Triple Jump	Neeve Eddon	Nisha Casper
	Pole Vault		
	Shot 3Kg	Kathryn Clague	Aurora Brown
	Discus 1Kg	Kate Waddington	Grace Fisher
	Javelin 500g	Kathryn Clague	Maya Lindridge
	Hammer 3Kg	Maya Lindridge	Grace Fisher
	4 X 100M Relay	Imogen Barrett	
		Floella Thompson	
		Louisa Birch	
		Rosie Hickling	

Enter Guest & Senior Athlete's Below

Name	County	Age Group	Event	Event
Esme Pounder	North Yorkshire	IG	Shot	
Aaron Rutter	North Yorkshire	SB	Shot	
Annabelle Coxon	North Yorkshire	JG	75mH	
Enter any new guests below I have download guest and issued numbers.				